My Busy Daily Routine

Pre-Reading Questions

Do you like your daily routine? Why (not)?

Say 5 things you do every day.

Do you need more time to relax? Why?

My name is Lily and I'm 14 years old. I have a very busy life, I never stop! I usually wake up at seven o'clock and I get ready for another day at school. First, I go to the bathroom. I brush my teeth and I wash my face with cold water. I feel very tired in the morning! Then, I go to the kitchen to eat breakfast. I make breakfast for me and my brother John. I usually make some bread with eggs. After that, I pack my school bag and walk to school with my friend Paul. He's my neighbour so we always go together.

At school, we learn science and English for the first two classes. Later on, we have a small break where I sit with my friends to talk. We sometimes play football when we have a ball. After the break, we learn art and history. I often have lunch at the school.

When I finish school at three o'clock, I go back home with Paul again. When I arrive, I do my homework and get ready for my piano lesson. I love playing the piano. In the evening, I have dinner with my family. We talk about our day. When I go to bed, I read a book to relax from my busy day. At ten o'clock I go to sleep, I need to be ready for the next day!

Disclaimer: This resource has been made for the purpose of teaching English language learners. We know that students can be learning English in many different places, in many different ways and at age, so we try to keep these resources as general as possible.

There are many acronyms associated with English language teaching. These include (but are not limited to) ELT, TEFL, EFL, ELL, EAL and ESOL. While the term ESL may not fully represent the linguistic backgrounds of all students, it is the most widely recognised term for English language teaching globally. Therefore, we use the term 'ESL' in the names of our resources to make them easy to find but they are suitable for any student learning to speak English.